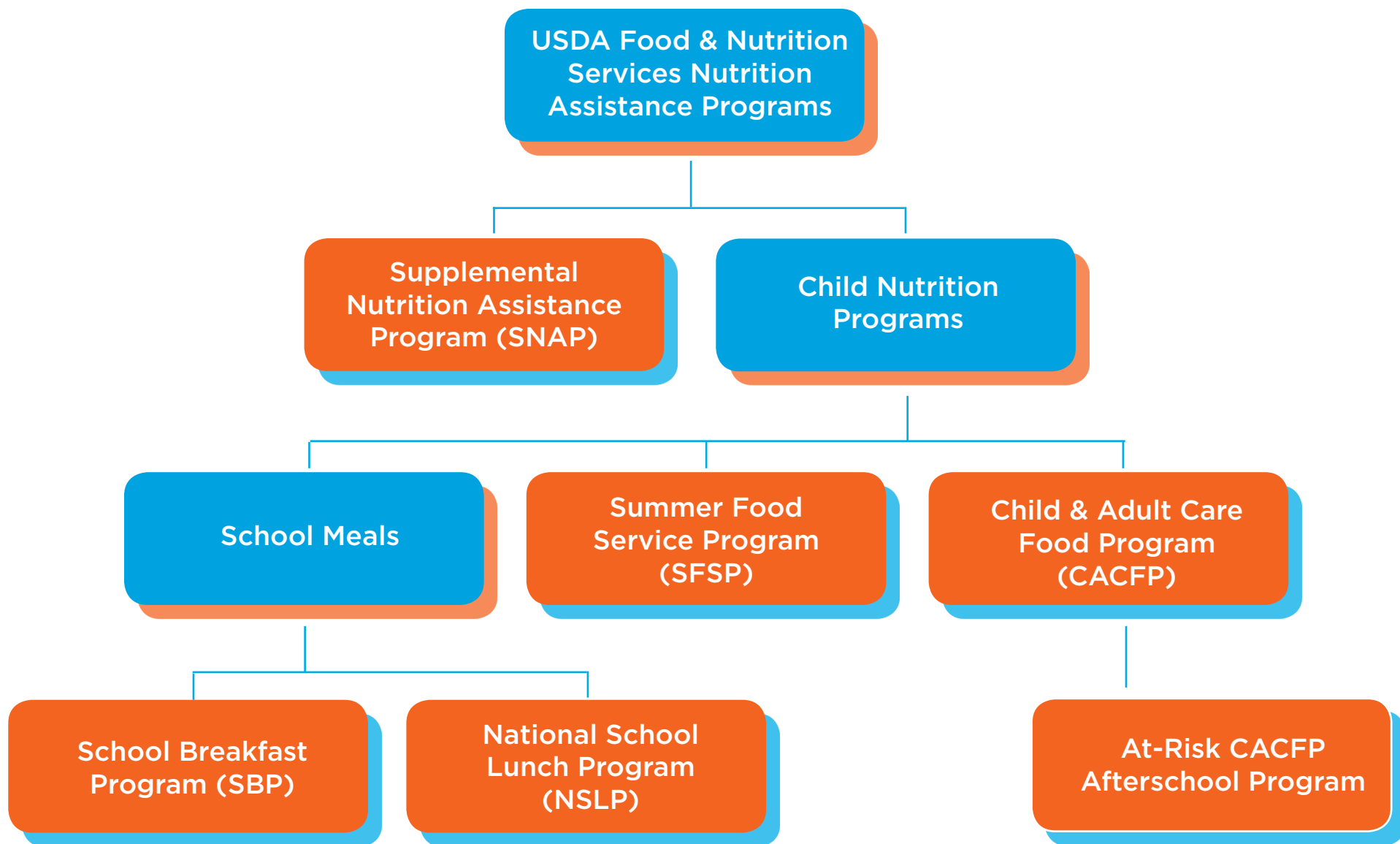


# Federal Food & Nutrition Assistance Programs Available for Students



## Supplemental Nutrition Assistance Program (SNAP)

### Provides:

- Debit card with value added monthly to purchase food.

### Benefits:

- Serves whole family.
- Supplements existing food budget.
- Allows for food choice.
- Predictable and consistent value for planning purpose.

### Limitations:

- Application process can be challenging.
- Must re-certify every six months.
- Must reapply yearly.

## School Breakfast Program (SBP)

### Provides:

- Breakfast on school days.

### Benefits:

- Many models to choose from - one to fit every school.
- No application required if student qualifies for NSLP.
- Possible Community Eligibility to serve all students for free.
- Works well with NSLP.
- Can increase school attendance.
- Can reduce visits to the nurses' office.

### Limitations:

- Not available during summer and breaks.

## National School Lunch Program (NSLP)

### Provides:

- Lunch on school days.
- After school snack on school days.

### Benefits:

- Works well with SBP.
- Possible Community Eligibility to serve all students for free.
- Most schools already operate program.
- Increasing program participation helps improve budget.
- Flexibility in when to serve snack.

### Limitations:

- Not available during summer and breaks.

## Summer Food Service Program (SFSP)

### Provides:

- Daily meals during summer.

### Benefits:

- Helps supplement tight family food budgets.
- Can be served at a wide variety of locations (schools, rec. centers, parks).
- Provided for free to all children.
- No applications for participants.
- Children can visit multiple sites to provide additional meals.
- No enrichment program required.
- Simplified requirements for qualifying meals.

### Limitations:

- Not available during school year.
- All meals must be eaten on site.

## At-Risk Child & Adult Care Food Program (CACFP)

### Provides:

- One after-school meal per day.
- One after-school snack per day.

### Benefits:

- Ensures students have nutritious food after school.
- Can be operated by schools and after-school programs.
- Can operate during school breaks and weekends.
- No applications for participants.
- Provided for free to all children.
- Can increase after-school program attendance.
- Simplified application for NSLP certified sponsors.
- Students don't have to participate in after-school activities to eat.

### Limitations:

- Must offer after-school enrichment activities.
- Not available during summer.