



SNAP Resource Information for school newsletters

FOOD SUPPORT SNAP (Supplemental Nutrition Assistance Program)

If you find yourself or your family having to choose between food and other necessities, a nutrition assistance program called SNAP may be able to help you. SNAP is intended to help supplement the food and nutrition needs of people with lower incomes. SNAP helps put more nutritious food on the table and stretch your grocery budget. Second Harvest Heartland can help you find out if you and your family are eligible for SNAP benefits and help with the application process! **To be screened for eligibility and help with applications contact our SNAP/Food Support Outreach Specialist at 612-816-6764 or email lbouley@2harvest.org**

Slightly shorter version:

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Image of EBT card:

